Role of Dynamic Surfaces for Promoting Fun & Functional Shifts In Children with NeuroMuscular Challenges

Course Description:

This intermediate level course will enhance critical thinking skills for Speech and Language Pathologists and Occupational and Physical Therapists and their assistants who treat children with a variety of neuromuscular challenges. Participants will critically assess children through observation and analysis of instructor demonstrations to problem solve the causative impairments interfering with achievement of identified functional goals. Utilizing the International Classification of Function (ICF), task analysis, and group discussion, you will have the opportunity to design an efficient and effective treatment session towards functional goal that leads to participation in the child's daily routine. The framework for the contemporary NDT practice model will be presented. Experiential movement labs will be emphasized to enhance the participants' facilitation and treatment skills with other class participants using dynamic surfaces such as a variety of balls, bolsters, mats, wedges, dyna-disks, etc. to facilitate functional skill acquisition. Movement/Simulation labs will support experiential learning

Blythedale Children's Hospital is recognized by NYS ED as an approved provider for continuing education in the areas of Physical Therapy, and we have applied for 33 contact hours.

PROGRAM OBJECTIVES

At completion of the course, the Participants will be able to:

- Apply the Framework for the NDT Contemporary Practice Model as it relates to assessing and treating children with neurological challenges.
- Examine dynamic surfaces useful in the treatment of children, determine the advantages and challenges of each, and how and when to use the surface as it effects the child's movement repertoire.
- Classify essential neuromuscular, musculoskeletal and sensory/perceptual elements necessary to gain postural control for a child's functional goal.
- Using observation of an assessment demonstration and group .discussion, analyze and problem solve the assessment and prepare a treatment sequence towards an identified functional goal.
- Practice using dynamic surfaces to demonstrate a minimum of 15 treatment interventions for gaining proximal stability and increasing functional mobility.

Fee:

\$695.00 – Mail in with registration ASAP

No refunds issued if canceling after 10/1/25

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| Please return this completed registration portion of the brochure with your check or credit card info. ASAP payable to Blythedale Children's Hospital: Send to: Ms. Rae Krauss Blythedale Children's Hospital 95 Bradhurst Avenue Valhalla, NY 10595 |
| Credit card type: |
| Card #: |
| Exp. Date: Security #: |

Call: 914-592-7555, ext. 71575 or email to Raek@blythedale.org for more info.

INSTRUCTOR

Jane Styer-Acevedo, PT, DPT, C/NDT,

maintains a clinical practice, treating individuals through the lifespan with neurological challenges. She is a master clinician in the areas of pediatrics, neurology, and therapeutic aquatics and has been teaching continuing education workshops, nationally and internationally since 1983. Jane's scope of teaching includes aquatic and "land-based" courses in Australia, New Zealand, Europe, Asia, India, Africa, and North, Central, and South America. She is currently an Active Pediatric Coordinator Instructor for the NDTA, teaching continuing education courses of varying lengths related to the NDT Contemporary Practice Model. Jane excels in the problem-based approach to promoting functional shifts for individuals through therapeutic intervention from the acute phase, rehabilitation, and community entry or re-entry towards lifelong participation, health and fitness.

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Valhalla, New York 10595-1697

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November 7, 8, 9, 2025

BLYTHEDALE
CHILDREN'S
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DEPARTMENT OF
REHABILITATION
MEDICINE PRESENTS:

ROLE OF DYNAMIC SURFACES
FOR PROMOTING FUN &
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PT, DPT, C/NDT
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