FACT SHEET: Burn and Wound Care

Why Choose Blythedale?

Blythedale is a center of excellence in treating children with complex burns and wounds. Our specialized burn rehabilitation team is comprised of experts in pediatric rehabilitation medicine, pediatrics, psychiatry/psychology, and nursing. These specialists, as well as the largest hospital-based pediatric therapy service (physical, occupational, speech and respiratory) in New York State provide acute comprehensive inpatient burn rehabilitation and wound care to children who are admitted from regional tertiary care centers. The goal of the burn rehabilitation program is to obtain maximum autonomy and functionality while maintaining the optimal integrity of the burn grafts with scar control. The child’s clinical team works collaboratively with parents and other caregivers to identify developmentally appropriate medical and therapeutic goals. This team is also committed to meeting the psychological and social challenges that accompany burn and wound treatment and recovery, including body image concerns.

Comprehensive rehabilitation, aggressive nutritional support, pain management, evaluation of needs by sophisticated pressure mapping for wounds, and the optimization of any necessary medical equipment are integral parts of the program. The interdisciplinary team continually re-assesses patient skin grafts and modifies strategies for scar management, wound surveillance, maintenance of functional range of motion and need for changes in splints and compression garments. Close monitoring of patient progress, as well as surveillance for potential barriers of excessive scar formation, deconditioning, and orthopedic and neurologic sequelae are monitored on a frequent basis for swift intervention. A focus on the important rehabilitative commitment needed in all phases of burn care treatment is stressed. Coordinated planning for discharge provides families with detailed information regarding follow-up care, equipment needs, specialized accommodations and support services available to ensure the continuity of care.

- Board-certified pediatricians 24/7, including full-time staff in rehabilitation medicine.
- Experienced nursing staff (100% R.N.) with training in monitoring of skin and nutritional needs, and wound care certified nurses.
- Largest hospital-based pediatric therapy department in New York State, with 70 full-time pediatric therapists (physical, occupational, speech pathology and feeding).
- Pain Management team.
- Full-time child life specialists provide emotional support, assistance with strategies for coping with pain and anxiety, and procedural preparation.
- On-site adaptive equipment clinic with specially trained seating and mobility specialists.
- Family Resource Center provides parents and caregivers opportunities to access computers and resource materials on medical diagnoses and treatments.
- On-site Prosthetic/Orthotic Clinic allows for comprehensive evaluation with our in-house interdisciplinary team of pediatric rehabilitation physicians, orthotists and therapists.
- School programming at the Mt. Pleasant Blythedale UFSD, the Hospital’s on-site K-12 public school district, to facilitate continued education during recovery.
- Unique Day Hospital program for patients who need intensive rehabilitation and/or medical care.
92% of those who completed a Press Ganey survey indicated they would recommend Blythedale to others.

Outcomes Data for Burn and Wound Care Patients:

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<tr>
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<th>Benchmark</th>
<th>Total 2013</th>
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<tr>
<td>Blood Stream Infections</td>
<td>&lt;1.2 per 1000 Line Days</td>
<td>0.5 per 1000 Line Days</td>
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On-Site Services and Support Areas:
- Pediatric Medicine
- Pediatric Rehabilitation Medicine
- Child Psychiatry and Psychology
- Pain Management
- Child Life
- Pediatric Nursing
- Pediatric Occupational Therapy
- Pediatric Physical Therapy

Additional Specialty Support Areas Available:
- Child Neurology
- Pediatric Orthopaedics
- Pediatric Pulmonology
- Pediatric Respiratory Therapy
- Speech Pathology and Feeding Therapy
- Additional consultative specialists as needed

Clinical Support Services
- Audiology
- Social Work/Case Management
- Patient Advocacy
- Assistive Technology
- On-site Equipment Clinic

Contacts:
For Referrals or Feedback on Referred Burn and Wound Care Patients:
Theresa King, R.N.,
Director of Clinical Outreach
theresak@blythedale.org
914-831-2431
Pager: 877-325-6394
Fax: 866-362-4721
Susan Murray, L.C.S.W.,
Director of Social Work and Care Coordination Services
susangm@blythedale.org
914-831-2443
Fax: 866-362-4721