

A beacon of hope
and inspiration
for seriously ill children
and their families.



A logo featuring a rainbow arching over a stylized figure of a child jumping, with a starburst at the end of the rainbow.
Blythedale
children's hospital

Our Mission

Blythedale Children's Hospital is dedicated to improving the health status and quality of life of children with complex medical illnesses and disabling conditions through superb multidisciplinary patient care, teaching, research, and advocacy programs.

The Blythedale Difference

Blythedale is New York State's only independent, specialty children's hospital. We offer individualized, round-the-clock advanced care in a medically sophisticated, yet intensely child centered environment. Our patients are referred for care and treatment of a wide variety of medical problems, including respiratory, cardiac, traumatic and acquired brain injury, organ failure (pre- and post-transplant), feeding disorders, complications of prematurity, burns, as well as genetic, orthopedic, rheumatologic and neurologic disorders. More than half of our patients are admitted directly from PICUs and NICUs. Blythedale's cadre of board-certified physicians, experienced nursing staff, therapists and other supporting clinicians work together to provide intensive and innovative multidisciplinary clinical and therapeutic care to help children achieve their medical and rehabilitative goals, and return to their communities.

Why Choose Blythedale?

With more than 100 years of experience, Blythedale is a nationally recognized leader in developing innovative, multi-disciplinary inpatient programs. As one of only 19 pediatric specialty hospitals in the US, Blythedale has the combined staff, expertise and resources – including the largest pediatric therapy department in the state – to provide exceptional comprehensive care for medically complex children and support for their families. We were the first hospital in the US to develop a post-NICU/PICU program and we are New York's only children's hospital with its own K-12 public school district on site. In addition, we have received numerous awards and recognition for positive outcomes related to patient safety. Planning for discharge home begins upon admission. Our goal is to help our patients return to their families and communities.



Welcome to Blythedale's New State-of-the-Art Inpatient Hospital

Blythedale's new 56,000 square foot inpatient hospital building was designed with the greatest attention to the special needs of medically fragile children and their families. The new building includes:

- 86 inpatient beds in single and double rooms.
- A 46-bed Infant, Toddler and Post-Neonatal/Post-Pediatric Intensive Care Unit for our most fragile patients, many of whom require weaning from mechanical ventilation.
- A 10-bed Traumatic Brain Injury Unit with private sound- and light-controlled rooms and a dedicated area for physical, occupational, and speech therapy.
- A 30-bed Pediatric/Adolescent Unit with a teen lounge where patients can socialize and support one another.
- A Family Resource Center with a kitchen, dining area, playroom, library, meditation room, and wireless Internet access for parents.
- Isolation rooms for children with compromised immune systems.

- The most advanced patient care monitoring systems, such as CCTV monitoring and neurophysiological monitoring equipment in our TBI Unit to monitor recovery from coma and detect subclinical seizures.

Referring Hospital Relationships

As part of our commitment to children and their families, we maintain outstanding relationships with our referring hospitals and physicians. These relationships are vital to a continuum of care for our patients that helps to maximize their treatment gains and recovery. Blythedale offers:

- Quick decisions on referrals.
- Clear lines of communication.
- Regular feedback on patient progress and discharge.
- Periodic meetings throughout the year with staff at all levels.

Blythedale Children's Hospital has a rigorous program for continuous quality assessment and improvement, and a focus on best practices.

- No "reportable incidents" to the NY State Department of Health (NYPORTS).
- 80% of patients are discharged home.
- Only one central line infection over the last two years.
- 95% of patients on ventilator protocols were weaned, prior to discharge.
- Program to minimize patient falls resulted in 0.69 per 1,000 patient days, with no major or minor injuries.



Key Capabilities

Blythedale's expertise and resources provide medically fragile children with the best opportunities to maximize their potential and return to their families. Among the advantages that Blythedale provides:

- 24-hour Board Certified Pediatric Coverage
- Core Pediatric Faculty includes Pulmonology, Child Neurology, Physical Medicine & Rehabilitation, Adolescent Medicine, Psychiatry/Psychology and Orthopaedics
- Joint Commission Accredited
- NYS Certified TBI Program
- Experienced nursing staff (70 - 80% R.N.), many trained in NICUs and PICUs
- 18 full-time pediatric respiratory therapists
- 6 full-time pharmacists, including a Board Certified Clinical Pharmacist
- 75 full-time pediatric therapists (physical, occupational and speech)

Clinical Care Services

- Ventilator Weaning
- Traumatic and Acquired Brain Injury
- Pre- and Post-Organ Transplants
- High Tech Nutritional Support and Feeding Therapy
- Burn and Wound Care
- Complicated Trauma/Post-Surgical Orthopedics
- Spinal Cord Disorders
- Complicated Pain Syndromes
- Childhood Cancers
- Genetic and Neuromuscular Disorders

Clinical Support Services

- Adaptive Equipment Clinic
- Assistive Technology
- Audiology
- Child Life
- Developmental Specialists
- Lab Services
- Pain Management
- Pharmacy
- Radiology
- Robotics Lab
- Social Work/Case Management and Discharge Planning

Unique School Program

Blythedale is the only hospital in New York State with its own, on-site public school district, the Mt. Pleasant Blythedale Union Free School District. Housed in a 32,000 square foot school attached to the Hospital, the New York State-Special Act K-12 public school district maximizes cognitive rehabilitation through a daily program of education, medical care, therapy, arts, and recreation to inpatients, as well as more than 100 children with special medical needs in our Day Hospital Program. In addition, the School runs a preschool program through the Committee for Preschool Special Education (CPSE).



Blythedale's Ventilator Weaning Program is a nationally recognized center of excellence.

Children with wide-ranging, complex medical problems are admitted to Blythedale for nutritional support and feeding therapy.

Blythedale Children's Hospital is a longtime leader in the treatment of children recovering from traumatic and acquired brain injury.

Expertly trained staff are knowledgeable in pre- and post-transplant care at Blythedale.



Spacious Inpatient Rooms

Blythedale's new inpatient hospital building has 86 beds in single and double rooms, which easily accommodate the latest medical technology at the bedside. These spacious patient rooms have been designed for family privacy and accommodate a parent sleeping at the child's bedside.



Close to the New York Metro Area

Located in lower Westchester County just north of the Bronx, Blythedale Children's Hospital is less than an hour's drive from any of the other boroughs of New York City, central Long Island and Northern New Jersey. We're also less than 10 minutes away by bus or cab from the Metro North train station in White Plains.

To make a referral

Contact:

Theresa King, R.N.
Director of Clinical Outreach
theresak@blythedale.org
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To schedule a parent tour

Contact:

Susan Murray, L.C.S.W.
Director of Social Work
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