

# Components of Movement & The Principles of Neurodevelopmental Treatment (NDT)

This one-week workshop is open to registered physical therapists, occupational therapists, and speech therapists working primarily with children who have developmental disorders. NDT certification is not required.

Blythedale Children's Hospital is recognized by NYS ED as an approved provider for continuing education in the areas of Physical Therapy, and we have applied for 33 contact hours for this course.

Instructional methods will include lectures, audiovisuals (slides, videos), daily labs/practicums and treatment demonstrations.

## Date & Time

Monday through Friday, **February 20-24, 2012**  
8:00 a.m.-5:00 p.m. One hour each day will be set aside for lunch, and coffee breaks will be provided.

## Location

Blythedale Children's Hospital, Valhalla, NY

**Course Size:** 30 Participants

Participants should bring shorts and/or leotards for mat work; room tends to be cool, so dress warm; bring an orange or green gymnastic ball.

## OBJECTIVES

The participants shall:

1. Gain an understanding of the intricate, subtle components of normal and abnormal motor development and their interplay.
2. Learn to recognize compensations and deviations from normal development.
3. Practice methods of facilitating desired movement while inhibiting undesired motor activity.
4. Gain an awareness of the principles of assessment and treatment used in NDT and the appropriate application of these principles.
5. Observe and critically analyze demonstrations of patient assessment, treatment techniques and sequences.
6. Apply the principles of NDT and handling techniques with their current patient population.

## Fee

\$1,000.00—Mail in with registration ASAP

This fee includes the new version of "Components of Typical and Atypical Motor Development."

Participants are encouraged to familiarize themselves with the book "Facilitation Techniques Based on NDT Principles" by Lois Bly and Allison Whiteside.

**No refunds issued  
if canceling after 2/6/12**

## REGISTRATION

Name \_\_\_\_\_

License # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Employer \_\_\_\_\_

Address/City \_\_\_\_\_

State/Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Discipline \_\_\_\_\_

Please indicate the age group that typifies your patients—check all that apply:

1. All ages 0-21 years \_\_\_\_\_

2. 0-3 years \_\_\_\_\_

3. 3-5 years \_\_\_\_\_

4. 5-21 years \_\_\_\_\_

Please return this completed registration portion of the brochure with check ASAP payable to Blythedale Children's Hospital:

Send to: Ms. Rae Krauss

Blythedale Children's Hospital  
95 Bradhurst Avenue  
Valhalla, NY 10595

For more information call or email:  
**914-592-7555, ext. 71575**  
Raek@blythedale.org

DETACH HERE AND MAIL

## INSTRUCTOR

*Lois Bly, M.A., P.T., is a nationally respected NDTA Coordinator/Instructor and Clinician who offers seminars, workshops, and NDTA certification courses throughout the United States. Ms. Bly was certified in Neurodevelopmental Treatment by the Bobaths in London and received her NDT Instructor's Certification in Switzerland from Mary Quinton and Dr. Elisabeth Kong. She received her Master's Degree in Motor Learning at Teacher's College, Columbia University. Ms. Bly is the author of the monograph, "The Components of Normal Movement During the First Year of Life" and the books "Motor Skill Acquisition in the First Year" and "Baby Treatment Based on NDT Principles" and coauthor with Allison Whiteside of the book "Facilitation Techniques Based on NDT Principles." Ms. Bly was previously Physical Therapy Chief at Blythedale Children's Hospital.*

**BLYTHEDALE  
CHILDREN'S HOSPITAL**  
Valhalla, New York 10595-1697

**COMPONENTS OF  
MOVEMENT &  
THE PRINCIPLES OF  
NEURODEVELOPMENTAL  
TREATMENT (NDT)**  
February 20-24, 2012

**BLYTHEDALE  
CHILDREN'S  
HOSPITAL  
DEPARTMENT OF  
REHABILITATION  
MEDICINE  
PRESENTS:**

**COMPONENTS OF  
MOVEMENT &  
THE PRINCIPLES OF  
NEURODEVELOPMENTAL  
TREATMENT (NDT)  
WITH LOIS BLY**

**February 20-24, 2012**

